



# KHARAGPUR COLLEGE

## KHARAGPUR

ESTD. : 1949

P.O.– Inda, Kharagpur, Municipality– Kharagpur, Sub-Division– Kharagpur,  
P.S.– Kharagpur (T), Dist.– Paschim Medinipur, West Bengal, PIN– 721305.

## Soft-Skill

Report: 2022-23

### 1. Mental health & soft skill enhancement programme dated 09.01.2023

In the post-corona period, the Teachers' Council, Kharagpur College organized a mental health programme. Mr. Prasenjit Basak, Clinical Psychologist, at Midnapore Medical College and Hospital, delivered a talk on mental health issues. In this programme Mr Basaka arranged a panel discussion with the students and he pointed out the problem of the youth and explained how to handle their mental health.



### 2. Personality development programme dated 22.12.2022

Kharagpur College organized an "Online Personality Development Programme" with the technical support of "ADORE" on 22/12/2022. Mr. Rishav Shukla was present as one of the resource persons in this programme. This was an integral part of the career development workshop held from 19/12/2022 to 24/12/2022. 78 students benefited from this workshop.

Join us for the session  
on Basis of Personality  
Development by Mr. Rishabh  
Shukla

Date: 22nd December 2022  
Time: 6 PM IST

Meeting link: <https://zoom.us/j/7300060335?pwd=bWNPZ2JnS1oSTXNTVmhNVM1L050Zz09>  
Passcode: adore  
Breakout Room:-  
Conference 1

Regards,  
Team Adore

23 December 2022



#### KHARAGPUR COLLEGE

##### Notice:

Date: 13.12.2022

This is for information of all concerned that an **online Career Development Workshop for 6 days** will be held for the students of Kharagpur College with the technical support of "ADORE" during 19/12/2022 to 24/12/2022 from 6 pm to 7 pm. The interested students of B.A./B.Sc/B.Com Hons & General 1st Semester of Kharagpur College are hereby informed to participate in the said workshop and to join the following WhatsApp group for registration and other necessary information by clicking on the given link:

<https://chat.whatsapp.com/DskkrEZYsuXz6llnnpXtEAm>

##### Key Topics:

- Personality Development
- Resume Writing
- Communication skills
- Google Workspace
- MS Excel

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Principal  
Kharagpur College

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## Soft-Skill

Report: 2020-21

### 1. International Webinar on “Values and Responsibilities during Epidemics” on 13 & 14 July 2020

The NSS Unit and Morning Shift at Kharagpur College organized this webinar to develop awareness about the responsibilities during epidemics on 13 and 14<sup>th</sup> July, 2020. Swami Sumanasanda Maharaj, Swami Jnanalokananda Maharaj, Saktipada Mishra, Dr. Srinibas Nandy, and Swapan Banerjee were the respected speakers in the said webinar. A huge response was registered, among them 196 students were student participants.

Day 1 Youtube link: <https://www.youtube.com/watch?v=B9fvF-uPGnc>

Day 2 link: <https://www.youtube.com/watch?v=B9fvF-uPGnc>

international webinar Q

**Values and Responsibilities during Epidemics**  
13-14/07/2020 10 AM - 2 PM

Organised by Morning Shift, Kharagpur College  
NSS Unit, Kharagpur College

**Chairman**  
Dr. Bidyut Samanta  
Principal  
Kharagpur College

**Patron**  
Prof. Anjan Kr Chaki  
President, GB  
Kharagpur College

**Speakers**

Swami Sumanasanda Maharaj  
Swami Jnanalokananda Maharaj  
Dr. Srinibas Nandy  
Saktiprasad Mishra  
Prof. Ashokendu Sengupta  
Swapan Banerjee

important information Q

**Important Links**

Use this YouTube link to join the webinar

<https://youtu.be/YWFiiYowRpg> (13th)  
<https://youtu.be/B9fvF-uPGnc> (14th)

Please register for the webinar here

<https://forms.gle/jxXB4KpfMJjH4679>

\*Although everyone is welcome to join, only the registered participants will receive e-certificates (by 1 week of the webinar)

For more information, please contact

Prof. Subrata Paria - 9434543367  
Prof. Sukla Mondal Saha - 9933029612



  
Principal  
Kharagpur College



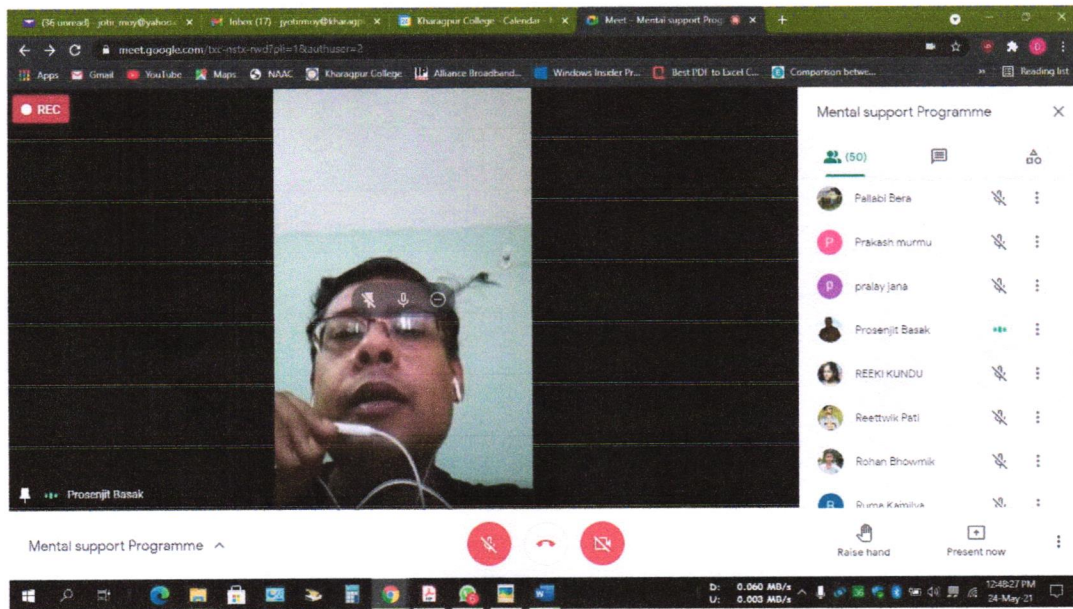
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## 2. Confidence building & mental health support programme dated 24.05.2021

The college organized a mental health support programme for all the stakeholders of our college during the pandemic time. Mr. Prosenjit Basak, Clinical Psychologist, at Midnapore Medical College and Hospital, explained how to deal with anxiety and depression. 50 students were present in the meeting.



  
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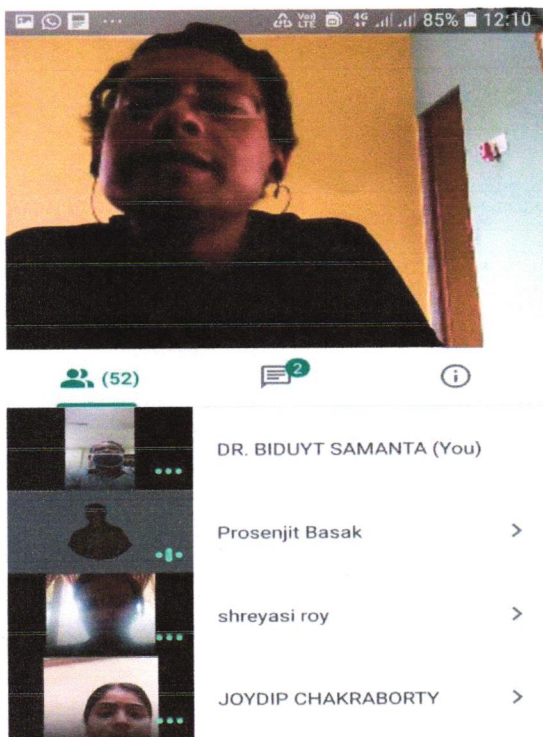
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## Soft-Skill

Report: 2019-20

### 1. Online programme on mental support dated 22.04.2020

Kharagpur College arranged an online programme on mental support during the Lockdown period for the students of Physics and Chemistry of semester VI on 22.04.2020 at noon. Mr. Prosenjit Basak, the eminent clinical psychologist of Medinipur Medical College and Hospital, delivered an insightful lecture to our students. A total of 52 students benefited from this initiative.



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NOTICE  
Date: 20.04.2020

This is to inform that an Online programme on Mental Support during lockdown period is arranged for the students of Physics (Hons.) and Chemistry (Hons.) of Semester-VI on 22.04.2020 (Wednesday) at 12.00 noon. Mr. Prosenjit Basak, eminent clinical Psychologist of Medinipur Medical College and Hospital has kindly agreed to provide the online support to our students. The meeting will be conducted using Google Meet. Necessary link will be provided to all the students and the teachers of the above mentioned departments in their WhatsApp Group at 11.30 a.m. on 22.04.2020. All the students are advised to join the meeting after getting the link. Students need not download the App before getting the link.

This is further informed that date and time of the programme for remaining students will be notified later.



Principal  
Kharagpur College  
20/04/2020



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## 2. Online programme on mental support dated 24.04.2020

Kharagpur College arranged an online programme on mental support during the Lockdown period for the students of Mathematics, Zoology, Botany and BCA of semester VI on 24.04.2020 at noon. Mr. Prosenjit Basak, the eminent clinical psychologist of Medinipur Medical College and Hospital, delivered an insightful lecture to our students. A total of 32 students benefited from this initiative.

KHARAGPUR COLLEGE  
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NOTICE  
Date: 23.04.2020

This is to inform that an Online programme on Mental Support during lockdown period is arranged for the students of Mathematics (Hons.), Zoology(Hons.), Botany (Hons.), and BCA of Semester-VI on 24.04.2020 (Friday) at 12.00 noon. Mr. Prosenjit Basak, eminent clinical Psychologist of Medinipur Medical College and Hospital has kindly agreed to provide the online support to our students. The meeting will be conducted using Google Meet. Necessary link will be provided to all the students and the teachers of the above mentioned departments in their WhatsApp Group at 11.30 a.m. on 24.04.2020. All the students are advised to join the meeting after getting the link. Students need not download the App before getting the link.

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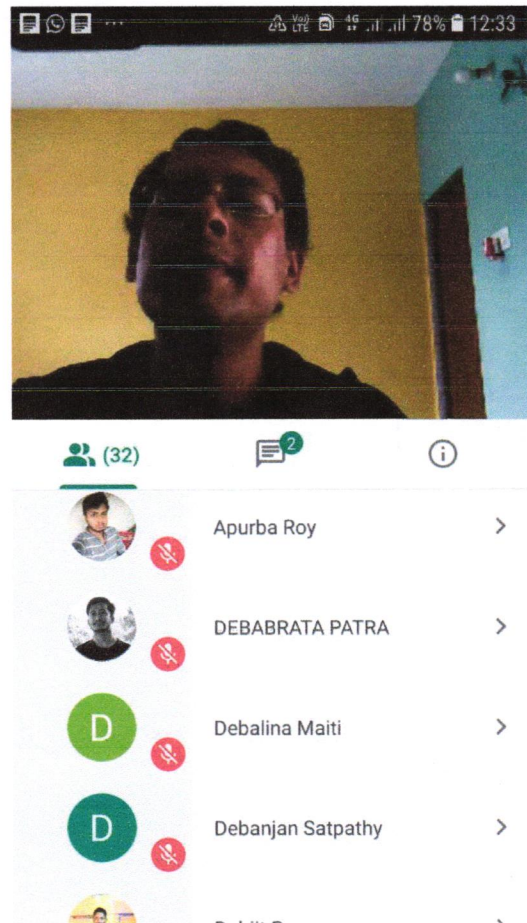


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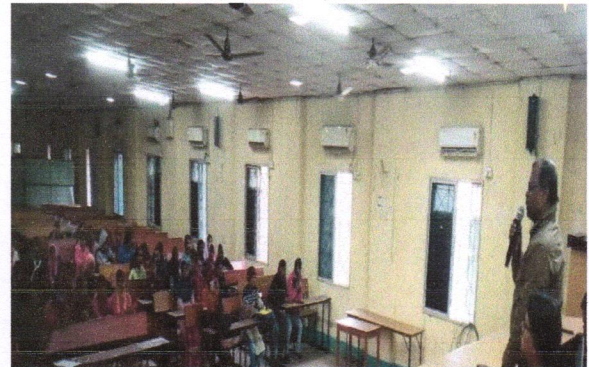
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## Soft-Skill

Report: 2018-19

### 1. Mental health support & personality development programme dated 18.12.2018

Kharagpur College organized a mental health support and personality development programme on 18.12.18 in H. B. Sarkar Hall. Mr. Prasenjit Basak, clinical psychologist, at Medinipore Medical College, delivered a lecture on Decision-making and Conflict resolution for students' personality development. 49 students attended the programme.



  
Principal  
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